



**SYDNEY  
INTERNATIONAL  
ROWING REGATTA**  
19 ~ 25 MARCH 2018

**AON**  
Empower Results®

BULLETIN 1 - DECEMBER 2017

AUSTRALIAN  
OPEN  
ROWING  
CHAMPIONSHIPS

KING'S &  
QUEEN'S  
CUPS INTERSTATE  
REGATTA

AUSTRALIAN  
OPEN  
SCHOOLS  
ROWING  
CHAMPIONSHIPS

HOSTED BY



STRATEGIC SPONSORS



[sydney.com](http://sydney.com)

PRINCIPAL PARTNERS



HANCOCK  
PROSPECTING

MAJOR PARTNER



AIS



# CONTENTS

<b>COMPETITION INFORMATION</b> .....	<b>3</b>
RULES OF RACING .....	3
SUMMARY OF RACING .....	3
AUSTRALIAN OPEN ROWING CHAMPIONSHIPS .....	3
AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS .....	4
THE KING'S AND QUEENS CUP'S INTERSTATE REGATTA .....	4
SYDNEY INTERNATIONAL ROWING REGATTA 500M SPRINTS.....	4
ELIGIBILITY TO COMPETE .....	4
RACE FOR LANES.....	5
CONDITIONS OF ENTRY.....	5
COXSWAINS .....	6
TEST SCALES.....	6
ANTI-DOPING.....	6
<b>ENTRIES</b> .....	<b>7</b>
AUSTRALIAN OPEN AND AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS .....	7
INTERSTATE REGATTA .....	7
KEY DATES .....	7
<b>THE REGATTA COURSE AND TEAM SERVICES</b> .....	<b>8</b>
TRAINING TIMES.....	8
MEDICAL ARRANGEMENTS.....	8
ACCREDITATION .....	8
TEAM TENTS .....	8
BOAT PARK AND TRAILERS.....	8
<b>SPECTATOR SERVICES AND FACILITIES</b> .....	<b>9</b>
TICKETING.....	9
CAR PARKING .....	9
FIRST AID .....	9
CATERING.....	9
<b>VISITORS AND SPECTATOR ACCOMMODATION</b> .....	<b>9</b>
DESTINATION NEW SOUTH WALES .....	9
PENRITH VALLEY VISITORS INFORMATION CENTRE .....	9
<b>CONTACT DETAILS AND MORE INFORMATION</b> .....	<b>9</b>



# COMPETITION INFORMATION

## RULES OF RACING

The 2018 Sydney International Rowing Regatta will be conducted in accordance with the Rowing Australia Rules of Racing and Related By-laws. Competitors are advised that significant changes to the rules were approved in November 2017. The current version of the rules, including a summary of the changes, can be found on the Rowing Australia website.

## SUMMARY OF RACING

A full summary of racing will be released with an indicative race schedule in December 2017.

## AUSTRALIAN OPEN ROWING CHAMPIONSHIPS

The events listed below will be contested at the Australian Open Rowing Championships:



Under 17 Men (U17M)	1x	2x	4x+				
Under 17 Women (U17W)	1x	2x	4x+				
Under 19 Men (U19M)	1x	2x	2-	4x	4-	4+	8+
Under 19 Women (U19W)	1x	2x	2-	4x	4-	8+	
Under 21 Men (U21M)	1x	2x	2-	4x	4+		
Under 21 Women (U21W)	1x	2x	2-	4x	4+		
Under 21 Lightweight Men (U21LM)	1x						
Under 21 Lightweight Women (U21LW)	1x						
Under 23 Men (U23M)	1x	2x	2-	4x	4-	8+	
Under 23 Women (U23W)	1x	2x	2-	4x	4-	8+	
Under 23 Lightweight Men (U23LM)	1x	2x	2-	4-			
Under 23 Lightweight Women (U23LW)	1x	2x	4x				
Open Men (OM)	1x	2x	2-	4x	4-	4+	
Open Women (OW)	1x	2x	2-	4x	4-	8+	
Open Lightweight Men (OLM)	1x	2x	2-	4x	4-	8+	
Open Lightweight Women (OLW)	1x	2x	4x				
Club Men (CM)	2x	4-	8+				
Club Women (CW)	2x	4-	8+				

The **Para-Rowing** events to be contested are:

Men's Para-Rowing 3 (PR3)	1x	Mix2x	Mix4+
Women's Para-Rowing 3 (PR3)	1x	Mix2x	Mix4+
Men's Para-Rowing 2 (PR2)	1x	Mix2x	
Women's Para-Rowing 2 (PR2)	1x	Mix2x	
Men's Para-Rowing 1 (PR1)	1x	Mix2x	
Women's Para-Rowing 1 (PR1)	1x	Mix2x	

Please note that all Para-Rowing events are to be conducted over 2000m.



## AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS

The following events will be contested at the Australian Open Schools Rowing Championships:

Schoolboy Under 17 (SBU17)	8+			
Schoolgirl Under 17 (SGU17)	8+			
Schoolboy (SB)	1x	4x+	4+	8+
Schoolgirl (SG)	1x	4x+	4+	8+



## THE KING'S AND QUEENS CUP'S INTERSTATE REGATTA

The below events will be contested at the King's and Queen's Cups Interstate Regatta:

<b>Men's</b>	PR31x	1x	L4-	Youth8+	8+
<b>Women's</b>	PR31x	1x	L4x	Youth8+	8+



## SYDNEY INTERNATIONAL ROWING REGATTA 500M SPRINTS

The below events will be contested as 500m Sprints, with a significantly reduced seat fee of \$11 (inc GST).

University Men's	4x	8+
University Women's	4x	8+
Schoolboy	4x+	8+
Schoolgirl	4x+	8+
Open Men's	4x	8+
Open Women's	4x	8+
Para Rowing (combined gender and classification)	1x	

*Sprint events may be subject to an entry cap.*

## ELIGIBILITY TO COMPETE

Entry into the 2018 Australian Open Rowing Championships and Australian Open Schools Rowing Championships is open to all competitors who are authorised to compete by their affiliated Member Association and who are eligible under the Rowing Australia Rules and by-laws of Racing.

A **School** competitor is one who qualifies as Under 21 (Youth) under the provisions of the RA rules and is attending a secondary school as a full time day student. Entrants in the Australian Open Schools Rowing Championships **must** represent their school.

Rowing Australia has formally defined the requirements to be eligible to enter "University Events" in the November 2017 Rules of Racing update. A **University** competitor is one who qualifies as a University Competitor according to the Australian University Sport Guidelines. Rule 18.5 has also been changed to read "No competitor may race for more than one Club, Institute or School at the same regatta but a competitor may represent their State and their Club and their School or University (where they are representing their



University in a University Event) at a Regatta.” For the avoidance of doubt, a competitor may represent their university in a university event even if they might otherwise be a competitive member of another club.

**Overseas crews** are welcome to compete in the Australian Open Rowing Championships. **School crews** from overseas may compete in the Australian Open Schools' Rowing Championships.

A rower or coxswain's age shall be taken at 31 December 2018. As an example, a rower or coxswain shall be classified as an **Under 21 (Youth)** rower until 31 December of the year in which the rower reaches the age of 20.

For **para rowers** to be eligible to compete, athletes must be formally classified by a full RA or FISA Classification Panel and be granted an eligible sport class, and a national or international sport class status. Athletes who do not have a national or international sport class status, or have been given a sport class status of ineligible, are not eligible to compete at the Australian Open Rowing Championships. There will be an opportunity to gain classification at the regatta.

---

## RACE FOR LANES

Rowing Australia does not intend to run “race for lanes” for events that attract 8 or less entries at the 2018 regatta. Competitors will proceed directly to a final. However, if considerable feedback is received indicating that there is significant support for “race for lanes” amongst competitors likely to be affected the organizing committee will consider that such races will be included on a non-compulsory basis. Feedback on this must be provided via email to Alice Evans [sirr.entries@rowingaustralia.com.au](mailto:sirr.entries@rowingaustralia.com.au) by Tuesday 23 January 2018.

---

## CONDITIONS OF ENTRY

The following conditions of entry apply to the **Australian Open Schools Rowing Championships**:

- School events are restricted to crews consisting of representatives from one school only.
- No more than 46 entries will be accepted into any one event
- No more than 3 entries will be accepted from any one school in an individual event. Any entries over these amounts shall be placed on a waiting list; after the close of entries crews on the waiting list may be added as appropriate from the waiting list at the discretion of the regatta organisers.

The following conditions of entry apply to the **Australian Open Rowing Championships**:

- Under 21 and Club events are restricted to crews consisting of representatives of one club or school only with the exception of the Under 21 2- in which composite crews are permitted.
- Athletes entering in Club events must not have been a member of a National Senior A or Under 23 team in the previous year, and must not be nominated for national team selection in a Senior A or Under 23 crew as at the 31 January 2018
- No more than 46 entries will be accepted into any one event
- No more than 4 entries will be accepted from any one club/school in an individual event. Any entries over these amounts shall be placed on a waiting list; after the close of entries crews on the waiting list may be added as appropriate from the waiting list at the discretion of the regatta organisers.



The following conditions of entry apply to the **King's & Queen's Cups Interstate Regatta**:

- Interstate events shall be open to competitors who are citizens of Australia or who have been a resident in the State or Territory of Australia for which they intend to compete for a continuous period of not less than 12 months prior to the close of entries. Athletes must compete for their state of origin unless an interstate transfer has been completed in accordance with the RA Rules. Each State Association is entitled to enter one crew into each Interstate event.
- State Associations wishing to lodge Interstate transfer requests must do so by 31 January 2018. Please email [aevens@rowingaustralia.com.au](mailto:aevens@rowingaustralia.com.au) to lodge requests.

---

## COXSWAINS

The minimum weight for a coxswain (wearing racing uniform) is 55kg for all coxswains. The weighing scales shall indicate the weight of the coxswain to 0.1 kg.

Coxswains shall be weighed wearing racing uniform not less than one hour and not more than twenty-four hours before their first race at the regatta. A coxswain who has weighed in for their first day of competition can carry this weight forward for this event and other events where this minimum weight is applicable.

---

## TEST SCALES

Test weighing scales for coxswains and lightweight rowers will be available from 9am on Sunday 18th March in Boatshed 3.

---

## ANTI-DOPING

The Australian Sports Anti-Doping Authority (ASADA) is likely to conduct drug testing at the 2018 Sydney International Rowing Regatta. It is the responsibility of each competitor to know and understand their responsibility in regard to Anti-Doping. Competitors and coaches are urged to take note of the current ASADA regulations in respect of banned substances for therapeutic use and act accordingly in achieving exemptions as required - <https://www.asada.gov.au/substances>



## ENTRIES

### AUSTRALIAN OPEN AND AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS

The cost to enter the Australian Open and Australian Open Schools Championships is **\$55.00 (incl. GST) per seat**.

The cost to enter the Sydney International Rowing Regatta 500m Sprint events is **\$11.00 (incl. GST) per seat**.

All entries for the Australian Open, Australian Open Schools Rowing Championships and Interstate Regatta must be made through Rowing Manager [www.rowingmanager.com](http://www.rowingmanager.com)

All Australian clubs have access to Rowing Manager for entry purposes, International entrants should email [SIRR.entries@rowingaustralia.com.au](mailto:SIRR.entries@rowingaustralia.com.au)

---

### INTERSTATE REGATTA

Entry into the Interstate Regatta is free to State and Territory Associations.

---

### KEY DATES

- **Entries Open:** 1:00pm AEDT Monday 15 January 2018
- **Entries Close:** 11:59pm AEDT Monday 5 March 2018
- **Withdrawals without penalty:** up to 11:59pm AEDT Thursday 8 March 2018
- **Final entry payments must be received by 11.59pm AEDT Friday 9 March 2018.** Any entry that has not been paid by this time may be excluded from the draw. Exclusion from the draw does **NOT** waive any financial responsibility.



# THE REGATTA COURSE AND TEAM SERVICES

## TRAINING TIMES

The venue is officially open for training from **3.00pm AEDT Saturday 17 March 2018**. This is subject to change pending venue availability. Access to the venue prior to this date must be approved by Rowing Australia due to event preparations, and will be extremely limited due to the AAGPS Head of the River being held at the venue on Saturday 17 March and Rowing Australia Selection Trials being conducted from Sunday 11 March until Friday 16 March.

Training on the course during competition days shall be from 6.45am until 15 minutes prior to the first race of the day, and from 15 minutes after completion of the last race of the day until 7.00pm.

The bike path shall be available for coaches on either side of the course prior to the regatta starting, however once racing has begun coach bikes will only have access to the southern bike path (opposite side of the course to the Grandstand and Island). Access to the southern bike path will only be via the Western end of the course (past the Finish). Helmets must be worn by all cyclists.

---

## MEDICAL ARRANGEMENTS

The Athlete Medical Centre, including sports massage/physiotherapy and athlete first aid will be located at the western end of Boatshed 4.

The Regatta Doctor and emergency medical care for spectators and competitors during racing is located in the Dr Bill Webb Medical Centre located approx. 50m beyond the Finish Tower.

Rescue services will be active on the water throughout racing and official training sessions.

The nearest hospital is the Nepean Hospital approximately 6km from the course.

---

## ACCREDITATION

The 2018 Sydney International Rowing Regatta is a ticketed event.

All entered athletes shall receive event accreditation. Details regarding coach and other team staff and official's accreditation will be released in January 2018.

---

## TEAM TENTS

Details regarding team tents will be released closer to the event.

---

## BOAT PARK AND TRAILERS

Trailer access to the Island will be confirmed in Bulletin 2, and will be restricted on Saturday 17 March 2018 due to the NSW AAGPS Head of the River and not available until 3pm on that day. Trailers will only be allowed access to the Island if sufficient manpower is available to unload boats. Once unloaded all trailers are to be parked in the SIRC P6 carpark.

Trailers arriving prior to Saturday 17 March will be directed to park adjacent to P3 on the south-side of the course, please follow instructions provided. Trailers must not arrive at the venue on Saturday prior to 3pm as they will not be permitted into the venue



## SPECTATOR SERVICES AND FACILITIES

### TICKETING

- The 2018 Sydney International Rowing Regatta is a ticketed event.
- Spectator access to the event will be by ticketed admission only.
- Tickets will go on sale on 15 January.

### CAR PARKING

All spectator and competitor parking will be located on the southern side of the course. Car parking is free for all competitors and spectators.

### FIRST AID

First Aid for spectators will be available and will be located in the Dr Bill Webb Medical Centre located approx. 50m beyond the Grandstand past the Finish Tower.

### CATERING

A variety of food and drink options will be located around the venue.

## VISITORS AND SPECTATOR ACCOMMODATION

A range of accommodation is available in Sydney, Penrith and surrounding areas.

Destination NSW and the Penrith Valley Visitors Information Centre will happily provide further information.

### DESTINATION NEW SOUTH WALES

[www.sydney.com](http://www.sydney.com)

**sydney.com**

### PENRITH VALLEY VISITORS INFORMATION CENTRE

**Tel:** +61 1300 736 836 | **Website:** [www.penrithvalley.com.au](http://www.penrithvalley.com.au)

**Email:** [pentour@penrithcity.nsw.gov.au](mailto:pentour@penrithcity.nsw.gov.au)



## CONTACT DETAILS AND MORE INFORMATION

### Sydney International Rowing Regatta

c/- Rowing Australia

P.O. Box 7147, YARRALUMLA ACT 2600

**Email:** [aevans@rowingaustralia.com.au](mailto:aevans@rowingaustralia.com.au) | **Tel:** +61 2 6214 7527

**Website:** [sirr.rowingaustralia.com.au](http://sirr.rowingaustralia.com.au)

