



SYDNEY  
INTERNATIONAL  
ROWING REGATTA  
25~31 MARCH 2019

**AON**

Empower Results®

BULLETIN 1 - DECEMBER 2018

KING'S &  
QUEEN'S  
CUPS INTERSTATE  
REGATTA

AUSTRALIAN  
OPEN  
SCHOOLS  
ROWING  
CHAMPIONSHIPS

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OPEN  
ROWING  
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## COMPETITION INFORMATION

### RULES OF RACING

The 2019 Sydney International Rowing Regatta will be conducted in accordance with the Rowing Australia Rules of Racing and Related By-laws. The current version of the rules, including a summary of the changes, can be found on the Rowing Australia website.

### SUMMARY OF RACING

A full summary of racing will be released with an indicative race schedule in December 2018.

### AUSTRALIAN OPEN ROWING CHAMPIONSHIPS

The events listed below will be contested at the Australian Open Rowing Championships:



Under 17 Men (U17M)	1x	2x	4x+				
Under 17 Women (U17W)	1x	2x	4x+				
Under 19 Men (U19M)	1x	2x	2-	4x	4-	4+	8+
Under 19 Women (U19W)	1x	2x	2-	4x	4-	8+	
Under 21 Men (U21M)	1x	2x	2-	4x	4+		
Under 21 Women (U21W)	1x	2x	2-	4x	4+		
Under 21 Lightweight Men (U21LM)	1x						
Under 21 Lightweight Women (U21LW)	1x						
Under 23 Men (U23M)	1x	2x	2-	4x	4-	8+	
Under 23 Women (U23W)	1x	2x	2-	4x	4-	8+	
Under 23 Lightweight Men (U23LM)	1x	2x	2-	4-			
Under 23 Lightweight Women (U23LW)	1x	2x	4x				
Open Men (OM)	1x	2x	2-	4x	4-	8+	
Open Women (OW)	1x	2x	2-	4x	4-	8+	
Open Lightweight Men (OLM)	1x	2x	2-	4x	4-	8+	
Open Lightweight Women (OLW)	1x	2x	4x				
Club Men (CM)	2x	4-	8+				
Club Women (CW)	2x	4-	8+				

The **Para-Rowing** events to be contested are:

Men's Para-Rowing 3 (PR3)	1x	Mix2x	2-	Mix4+
Women's Para-Rowing 3 (PR3)	1x		2-	
Men's Para-Rowing 2 (PR2)	1x	Mix2x		
Women's Para-Rowing 2 (PR2)	1x			
Men's Para-Rowing 1 (PR1)	1x	Mix2x		
Women's Para-Rowing 1 (PR1)	1x			

Please note that all Para-Rowing events are to be conducted over 2000m.



## AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS

The following events will be contested at the Australian Open Schools Rowing Championships:

Schoolboy Under 17 (SBU17)	8+			
Schoolgirl Under 17 (SGU17)	8+			
Schoolboy (SB)	1x	4x+	4+	8+
Schoolgirl (SG)	1x	4x+	4+	8+



## THE KING'S AND QUEENS CUP'S INTERSTATE REGATTA

The below events will be contested at the King's and Queen's Cups Interstate Regatta:

Men's	PR31x	1x	L4-	Youth 8+	8+
Women's	PR31x	1x	L4x	Youth 8+	8+



## SYDNEY INTERNATIONAL ROWING REGATTA 500M SPRINTS

The below events will be contested as 500m Sprints, with a significantly reduced seat fee of \$11 (inc GST).

University Men's	4x	8+
University Women's	4x	8+
Schoolboy	4x+	8+
Schoolgirl	4x+	8+
Open Men's	4x	8+
Open Women's	4x	8+
Para Rowing (combined gender and classification)	1x	

*Sprint events will be subject to an entry cap of 16 crews per event.*

*Sprint events will only run where a minimum of 3 entries (at the close of the withdrawal without penalty period) have been received.*

## ELIGIBILITY TO COMPETE

Entry into the 2019 Australian Open Rowing Championships and Australian Open Schools Rowing Championships is open to all competitors who are authorised to compete by their affiliated Member Association and who are eligible under the Rowing Australia Rules and By-laws of Racing.

A **School** competitor is one who qualifies as Under 21 (Youth) under the provisions of the RA rules and is attending a secondary school as a full time day student. Entrants in the Australian Open Schools Rowing Championships **must** represent their school.

A **University** competitor is one who qualifies as a University Competitor according to the Australian University Sport Guidelines. For the avoidance of doubt, a competitor may represent their university in a university event even if they might otherwise be a competitive member of another club.



**Overseas crews** are welcome to compete in the Australian Open Rowing Championships.

**School crews** from overseas may compete in the Australian Open Schools' Rowing Championships.

A rower or coxswain's age shall be taken at 31 December 2019. As an example, a rower or coxswain shall be classified as an **Under 21 (Youth)** rower until 31 December of the year in which the rower reaches the age of 20.

For **para rowers** to be eligible to compete, athletes must be formally classified by a full RA or FISA Classification Panel and be granted an eligible sport class, and a national or international sport class status. Athletes who do not have a national or international sport class status, or have been given a sport class status of ineligible, are not eligible to compete at the Australian Open Rowing Championships. There will be an opportunity to gain classification at the regatta.

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## RACE FOR LANES

Rowing Australia does not intend to run "race for lanes" for events that attract 8 or less entries at the 2019 regatta with the exception of Under 19 and School Events and events that are being used for selection purposes.

In Under 19 and School events that attract 8 entries or less, a non-compulsory race for lanes will be conducted.

In events used for selection purposes (U21 1x, U21 LW 1x, U21 2-, U23 1x, U23 LW 1x, U23 2x, U23 LW 2x, U23 2-), a compulsory race for lanes will be conducted, where 8 entries or less are received.

In the remaining U17 (club), U21 and U23 and in Open and Para events, where 8 or less entries are received, competitors will proceed directly to a final.

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## CONDITIONS OF ENTRY

The following conditions of entry apply to the **Australian Open Schools Rowing Championships**:

- School events are restricted to crews consisting of representatives from one school only.
- No more than 64 entries will be accepted into any one event
- No more than 3 entries will be accepted from any one school in an individual event. Any entries over these amounts shall be placed on a waiting list; after the close of entries crews on the waiting list may be added as appropriate from the waiting list at the discretion of the regatta organisers.

The following conditions of entry apply to the **Australian Open Rowing Championships**:

- Under 21 and Club events are restricted to crews consisting of representatives of one club or school only with the exception of the Under 21 2- in which composite crews are permitted.
- Athletes entering in Club events must not have been a member of a National Senior A or Under 23 team in the previous year, and must not be nominated for national team selection in a Senior A or Under 23 crew as at the 31 January 2019
- No more than 64 entries will be accepted into any one event
- No more than 4 entries will be accepted from any one club/school in an individual event. Any entries over these amounts shall be placed on a waiting list; after the close of entries crews on the waiting list may be added as appropriate from the waiting list at the discretion of the regatta organisers.



The following conditions of entry apply to the **King's & Queen's Cups Interstate Regatta**:

- Interstate events shall be open to competitors who are citizens of Australia or who have been a resident in the State or Territory of Australia for which they intend to compete for a continuous period of not less than 12 months prior to the close of entries. Athletes must compete for their state of origin unless an interstate transfer has been completed in accordance with the RA Rules. Each State Association is entitled to enter one crew into each Interstate event.
- State Associations wishing to lodge Interstate transfer requests must do so by 31 January 2019. Please email [aevans@rowingaustralia.com.au](mailto:aevans@rowingaustralia.com.au) to lodge requests.

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## COXSWAINS

The minimum weight for a coxswain (wearing racing uniform) is 55kg for all coxswains. The weighing scales shall indicate the weight of the coxswain to 0.1 kg.

Coxswains shall be weighed wearing racing uniform not less than one hour and not more than twenty-four hours before their first race at the regatta. A coxswain who has weighed in for their first day of competition can carry this weight forward for this event and other events where this minimum weight is applicable.

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## ATHLETE TEST SCALES

Test weighing scales for coxswains and lightweight rowers will be available from 9am on Sunday 24 March in Boatshed 3.

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## BOAT WEIGHING

It is the responsibility of the crew to ensure that their boat is on weight in accordance with the Rowing Australia Rules of Racing. Random checks of boat weight may be carried out at any time during the regatta. Scales will be available from 9am on 24 March in Boatshed 2 for big boats, and the lake end of Boatshed 3 for small boats.

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## ANTI-DOPING

The Australian Sports Anti-Doping Authority (ASADA) is likely to conduct drug testing at the 2019 Sydney International Rowing Regatta. It is the responsibility of each competitor to know and understand their responsibility in regard to Anti-Doping. Competitors and coaches are urged to take note of the current ASADA regulations in respect of banned substances for therapeutic use and act accordingly in achieving exemptions as required – <https://www.asada.gov.au/substances/check-your-substances>



## ENTRIES

### AUSTRALIAN OPEN & AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS

The cost to enter the Australian Open and Australian Open Schools Championships is **\$55.00 (incl. GST) per seat** (including coxswain).

The cost to enter the Sydney International Rowing Regatta 500m Sprint events is **\$11.00 (incl. GST) per seat**.

All entries for the Australian Open, Australian Open Schools Rowing Championships and Interstate Regatta must be made through Rowing Manager [www.rowingmanager.com](http://www.rowingmanager.com).

All Australian clubs have access to Rowing Manager for entry purposes, International entrants should contact Alice Evans [sirr.entries@rowingaustralia.com.au](mailto:sirr.entries@rowingaustralia.com.au).

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### INTERSTATE REGATTA

Entry into the Interstate Regatta is free to State and Territory Associations.

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### KEY DATES

- **Entries Open:** 1:00pm AEDT Monday 14 January 2019
- **Entries Close:** 11:59pm AEDT Monday 11 March 2019
- **Withdrawals without penalty:** up to 11:59pm AEDT Thursday 14 March 2019
- **Final entry payments must be received by 11.59pm AEDT Tuesday 19 March 2019.** Any entry that has not been paid by this time may be excluded from the draw. Exclusion from the draw does NOT waive any financial responsibility.



# THE REGATTA COURSE AND TEAM SERVICES

## TRAINING TIMES

The venue is officially open for training from **4.00pm AEDT Saturday 23 March 2019**. This is subject to change pending venue availability. Access to the venue prior to this date must be approved by Rowing Australia due to event preparations, and will be extremely limited due to the AAGPS Head of the River being held at the venue on Saturday 23 March.

Training on the course during competition days shall be from 6.45am until 15 minutes prior to the first race of the day, and from approximately 15 minutes after completion of the last race of the day. Outgoing pontoons will be closed at 6:30pm with all crews to be off the water, including the back lake, by 7:00pm.

The bike path shall be available for coaches on either side of the course prior to the regatta starting, however once racing has begun coach bikes will only have access to the southern bike path (opposite side of the course to the Grandstand and Island). Access to the southern bike path will only be via the Western end of the course (past the Finish). Helmets must be worn by all cyclists.

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## MEDICAL ARRANGEMENTS

The Athlete Medical Centre, including sports massage/physiotherapy and athlete first aid will be located at the western end of Boatshed 4.

The Regatta Doctor and emergency medical care for spectators and competitors during racing is located in the Dr Bill Webb Medical Centre located approx. 50m beyond the Finish Tower.

Rescue services will be active on the water throughout racing and official training sessions.

The nearest hospital is the Nepean Hospital approximately 6km from the course.

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## ATHLETE AND COACH ACCREDITATION

All entered athletes will receive event accreditation. Clubs and schools will receive Team Official/Staff accreditation (coaches, managers, physios, drivers, etc) on a pro rata basis based on the amount of athletes entered from the club/school in the regatta. No accreditations will be given outside of these numbers. Any additional passes required for team staff should be purchased as General Admission tickets.

All Athlete and Team Staff accreditations will be available for collection from the Accreditation Office, situated in the building just inside Gate A, from 9:00am AEDT Sunday, 24 March, 2019. Team Staff accreditation will be given on the following basis:

Athletes Entered from Club/School	Team Staff Accreditations Given
1 to 5	1
6 to 10	2
11 to 15	3
16 to 20	4
21 to 25	5
26 to 30	6
31 to 40	7
41 to 50	8
51+	10





## TEAM TENTS

Details regarding team tents will be released on the 14th January 2019.

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## BOAT PARK AND TRAILERS

Trailer access to the Island will be confirmed in Bulletin 2, and will be restricted on Saturday 23 March 2019 due to the NSW AAGPS Head of the River and not available until 3:30pm on that day. Trailers will only be allowed access to the island if there is a sufficient team of people available to unload boats. Once unloaded all trailers are to be parked in the SIRC P6 carpark.

Trailers wishing to arrive between 7pm and 6am on any evening should contact [aevans@rowingaustralia.com.au](mailto:aevans@rowingaustralia.com.au) to make arrangements.

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# SPECTATOR SERVICES AND FACILITIES

## TICKETING

- The 2019 Sydney International Rowing Regatta is a ticketed event.
  - Spectator access to the event will be by ticketed admission only.
  - Ticket sales will open on the 14th January 2019.
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## CAR PARKING

All spectator and competitor parking will be located on the southern side of the course. Car parking is free for all competitors and spectators.

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## FIRST AID

First Aid for spectators will be available and will be located in the Dr Bill Webb Medical Centre located approx. 50m beyond the Grandstand past the Finish Tower.

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## CATERING

A variety of food and drink options will be located around the venue.



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## VISITORS AND SPECTATOR ACCOMMODATION

A range of accommodation is available in Sydney, Penrith and surrounding areas.

Destination NSW and the Penrith Valley Visitors Information Centre will happily provide further information.

### DESTINATION NEW SOUTH WALES

[www.sydney.com](http://www.sydney.com)

**sydney.com**

### PENRITH VALLEY VISITORS INFORMATION CENTRE

**Tel:** +61 1300 736 836 | **Website:** [www.penrithvalley.com.au](http://www.penrithvalley.com.au)

**Email:** [pentour@penrithcity.nsw.gov.au](mailto:pentour@penrithcity.nsw.gov.au)



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## CONTACT DETAILS AND MORE INFORMATION

### Sydney International Rowing Regatta

c/- Rowing Australia

P.O. Box 7147, YARRALUMLA ACT 2600

**Email:** [aevans@rowingaustralia.com.au](mailto:aevans@rowingaustralia.com.au)

**Website:** [sirr.rowingaustralia.com.au](http://sirr.rowingaustralia.com.au)

